



# *Support for your healthcare journey.*

## A PATIENT ADVOCATE

It is a good idea for individuals to choose a trusted friend or relative as a patient advocate.

Your patient advocate will support you through your journey and help act on your behalf.

Your advocate can become an important part of your healthcare team. Working together, the team has your best interests in mind.

## MY PATIENT ADVOCATE AGREEMENT

*My Patient Advocate Agreement* is a document that will provide clarity as to how your advocate can provide support to you.

The agreement will help you cover all the issues and ask the right questions. This will free you from the worry of missing something important.

Healthcare providers will be confident that discussions will be thorough and completely understood.

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### *Find Out More:*

Visit our website and download your own Patient Advocate Agreement [mips.ca](http://mips.ca)

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**MANITOBA INSTITUTE  
FOR PATIENT SAFETY**

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