



## Summary 1. Know Your Patient Rights

### What are your rights as a patient in Manitoba?

You have the right to:

1. **Ask questions and get answers in a timely manner.**
2. **Seek a second opinion.**
3. **Ask about your healthcare provider's experience and training.**
4. **Be informed before you willingly give or refuse consent.**

You must be given all the facts a person in your situation needs to have before making a decision. This includes:

- Benefits and risks
- Possible side effects
- Treatment choices
- Treatment providers
- Results of refusing the treatment

5. **Access your personal health information in your medical records.**

Manitoba's Personal Health Information Act (PHIA) allows you to get information in your medical records.

6. **Get help from a patient advocate.**

Name your patient advocate before you need one.

7. **Decide the type of care you do and do not want to receive.**

Fill out a Health Care Directive or Living Will in case you are unable to speak for yourself.

8. **Voice your concerns.**

Ask questions. Share your views about your care. Talk to your provider.

9. **Report any unplanned harm that you feel happened.**

It is your right to report any unplanned harm that you feel occurred as a result of insured healthcare services in Manitoba.

*Learn...to be SAFE.* Go to Manitoba Institute for Patient Safety websites [www.safetoask.ca](http://www.safetoask.ca) and [www.mbips.ca](http://www.mbips.ca).

