



**MANITOBA INSTITUTE  
FOR PATIENT SAFETY**

## **MY HEALTH PLAN**

### **Test Results and Consultation Reports Cover Page**



**MANITOBA INSTITUTE  
FOR PATIENT SAFETY**

## **MY HEALTH PLAN**

**Test Requisitions  
Cover Page**



## MY HEALTH PLAN

### *It's Safe to Ask Medication Card* Cover Page

Get your free *It's Safe to Ask Medication Card*:

- [download here](#) - Save the card to your computer first, then fill it in. Include it in your healthcare plan.
- call 204-927-6477
- email [admin@mips.ca](mailto:admin@mips.ca)



## MY HEALTH PLAN

### *It's Safe to Ask* brochure Cover Page

Ask and have discussion with your health care providers on 3 key questions:

- 1 – What is my health problem?
- 2 – What do I need to do?
- 3 – Why do I need to do this?

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