

## Summary 11. Know The Patient Safety Contacts



You may have a concern or a compliment while you are a patient getting healthcare in Manitoba.

Please speak up.

- Call your healthcare provider or regional health authority.
- Ask to speak with the person in charge of quality and patient safety.
- Write down that person's name and phone number for future use.

### Regional Health Authorities (RHAs) of Manitoba

RHA	Phone Numbers	Websites
Interlake-Eastern	204-785-4700 855-347-8500	<a href="http://www.ierha.ca">www.ierha.ca</a>
Northern	204-687-1300 (Flin Flon) 888-340-6742 204-627-6800 (The Pas) 888-340-6742 204-677-5350 (Thompson) 877-677-5353	<a href="http://www.northernhealthregion.ca">www.northernhealthregion.ca</a>
Prairie Mountain	877-279-7858 (outside of Brandon) 800-735-6596 (in Brandon)	<a href="http://www.prairiemountainhealth.ca">www.prairiemountainhealth.ca</a>
Southern	204-428-2720 (Southport) 204-822-2650 (Morden) 204-424-5880 (La Broquerie) 204-248-7250 (Notre Dame de Lourdes) General Toll Free 800-742-6509	<a href="http://www.southernhealth.ca">www.southernhealth.ca</a>
Winnipeg/Churchill	204-926-7000	<a href="http://www.wrha.mb.ca">www.wrha.mb.ca</a>

- Please refer to the *Know The Steps In Stating Your Concerns* in the SAFE Toolkit.
- Report side effects of medicines to the Canada Vigilance Program at <http://www.hc-sc.gc.ca/dhp-mps/medeff/vigilance-eng.php>
- Call provincial government services for other information at toll-free 1-866-626-4862 or go to [www.manitoba.ca](http://www.manitoba.ca).
- For free health information, 24 hours/7 days, in Winnipeg call 788-8200 or 1-888-315-9257 toll-free.

Learn...to be SAFE. Go to Manitoba Institute for Patient Safety websites [www.safetoask.ca](http://www.safetoask.ca) and [www.mips.ca](http://www.mips.ca).